

## **YGSA REC LEAGUE RULES**

### **RULES FOR 7TH GRADE & UP DIVISION**

ALL RULES ARE ASA FAST PITCH RULES UNLESS NOTED HERE

### **SAFETY FIRST**

#### **PITCHING**

Pitcher to home – 40 feet

Legal pitch begins both feet on the rubber, one step and release ball.

One foot must remain on rubber (step with opposite foot of dominant hand).

**BASE DISTANCE** – Base to base is 60 feet

#### **GAME-RULES**

A team shall consist of ten players on the field and all players must play at least half of every game in the field. Batting line-up will consist of all girls present from each team. Everyone bats.

The 1st and 2nd innings shall consist of 4 runs or 3 outs, whichever comes first. All subsequent innings are open. There is stealing in this age division. Home is open to stealing. Girls should be encouraged to lead off when the ball leaves the pitcher's hand.

A game shall consist of a time limit of 1(one) hour and 15 min. The game must end at 7:15. At that point the game is over, done, even if in the middle of the inning. The second game is 1 hour 15 minutes, starting at 7:30.

No jewelry is allowed on field-practices as well as games. Studs may be taped.

Infield fly rule is in effect in the age division. (Infield fly is a fair fly ball which could easily be caught by an infielder with runners on 1st and 2nd or bases loaded, and fewer than 2 outs.

The batter will be called out and runners may advance at their own risk.)

1st or 3rd base coaches may not come into contact with any player on the field during play.

Not sliding on a close play at a base or home to avoid a collision will result in an automatic out of that base runner.

Umpires – ASA umpires will be utilized behind the plate and on the field.

#### **EQUIPMENT**

Batting helmets with a face mask (must meet NOCSAE standards) and chin straps are worn at all times when batting or running the bases at all games and practices.

Catchers must wear catching equipment at all games and practices.

Players with braces are encouraged to wear mouthpieces.

#### **UNIFORMS**

Uniforms are provided by the league and may be kept when the season is finished. Uniforms may not be altered (only sleeves may be cut off at the seam). No undergarments showing. No inappropriate dress on the playing field. This will be decided by the umpire/coach and may exclude you from the game.

#### **NO METAL CLEATS ALLOWED**

#### **INJURIES**

Each team is provided with a basic first aid kit: band aids, gauze pads, tape and rubber gloves. In case of a serious injury and parent/guardian are not present, contact necessary medical personnel. If a child is told by a doctor to sit out of practice and/or games - they will then need to bring a written doctors note saying they are o.k. to play again. Keep that note and attach it to the child's registration form.

### **MISCELLANEOUS**

Coaches must bring registration/consent forms with them to all games and practices in case of emergency.

Coaches – please notify your commissioner of any situations that arise – medical or other.

RAINOUTS – will be announced on all Yankton Radio Stations. Games will try to be rescheduled.

### **TOURNAMENT RULES**

Play innings out after time has expired, if needed; Play full 75 minutes and finish inning; Can't end in a tie; May be continued to next day due to daylight or weather issues; Schedules will be out 1 week before tournament play begins.

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